



# Symbol Digit Modalities Test-Oral Version: An Analysis of Culture Influence on a Processing Speed Test in Argentina, Mexico, and the USA

María Bárbara Eizaguirre, Sandra Ines Vanotti, Adriana Aguayo Arelis, Brenda Rabago Barajas, Evangelina Valeria Cores, Miguel Angel Macías, Ralph H. B. Benedict, and Fernando Cáceres

<sup>a</sup>Research Institute of Psychology, School of Psychology, Buenos Aires University, Buenos Aires, Argentina; <sup>b</sup>MS Clinic, Buenos Aires Institute of Neurosciences (INEBA), Buenos Aires, Argentina; <sup>c</sup>Health Sciences, University of Guadalajara, Guadalajara, Mexico; <sup>d</sup>General Hospital of Acute Diseases Eva Perón - CONICET; <sup>e</sup>Department of Neurology, School of Medicine, Department of Neurology, University at Buffalo, Buffalo, NY, USA

### **ABSTRACT**

The Symbol Digit Modalities Test (SDMT) is an information processing speed test. The aim of this study was to compare the SDMT across three samples: the USA, Mexico, and Argentina. The hypothesis is that performance will vary based on native language and cultural differences between these countries. The SDMT was administered to 129 healthy volunteers. Participants from the USA performed better than participants from Argentina and Mexico (p < .01), and no differences were observed between the latter groups (p = .15). Processing speed differs between the studied populations of Latin America and Anglo-America. Possible interpretations of this result are presented.

#### **ARTICLE HISTORY**

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## Introduction

# **Processing speed evaluation**

Neuropsychological assessments are very useful to detect if the cognitive function of a person is compromised, as well as to correctly plan their treatment and rehabilitation in case they need it (Strauss, Sherman, & Spreen, 2006). When performing such evaluations, information processing speed is a particularly relevant cognitive domain for describing the neuropsychological profile of patients with neurological damage (Chiaravalloti, Christodoulou, Demaree, & DeLuca, 2003; Foong, Hamid, Ibrahim, & Haron, 2018). Information processing speed can be defined as the speed in which a person can understand or react to the information they receive. It refers either to the time needed to execute a cognitive task or to the amount of work that can be done within a given period of time (Costa, Genova, DeLuca, & Chiaravalloti, 2017; Goverover, Genova, Hillary, & DeLuca, 2007). This cognitive function involves different tasks that can vary extensively in terms of complexity, from simple recognition and output speed to more challenging tasks requiring cognitive interference control (Goth-Owens, Martinez-Torteya, Martel, & Nigg, 2010). Nevertheless, a consensus definition of processing speed as a neuropsychological construct has not yet been reached (Shanahan et al., 2006). Shanahan et al. (2006) proposed a broad definition of processing speed as an underlying cognitive efficiency at understanding and acting upon external stimuli, which includes integrating low-level perceptual, higher level cognitive, and output speed. Moreover, processing speed is an elementary cognitive function that influences downward processes such as learning, memory, word retrieval and executive function (Costa et al., 2017).