



ineba
Instituto de Neurociencias Buenos Aires

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WHY NEUROSCIENCES?

¿What is an emotion, a thought, a memory or an illusion? ¿Are those measurable, observable, modifiable functions? ¿What are reasoning, delirium and hallucinations? These questions have not just one but several answers today, which in different degrees point to the same organ: the brain. We are still missing an answer to allow us understand the wonderful and amazing integration in the nervous system and how to recuperate integrity when disease occurs. We still need to understand why some symptoms such as depression can be corrected with drugs or with words.

Thus, it is necessary now to incorporate psychiatry, neurology, psychology and the basic sciences.

INEBA accepts the challenge of understanding thought, emotions, thinking, and language in a clinical setting and with an integrating effort. Then it becomes important to generate a space where the clinician's diagnostic evaluation, the basic scientist's detailed knowledge and the psychiatrist's phenomenology shall converge.

¿May the patient's quality of life be improved, his/her mood?

Mariano Sigman, PhD
INSERM, Jolliot Hospital
Paris, France



Our answer:

INEBA is beginning its activities with the new century, with the goal of consolidating a concept: the best possible understanding of mental illness. Accepting that neurological and psychiatric manifestations are expressions of brain dysfunction, INEBA integrates its medical care. INEBA is also working towards the full integration of persons with disabilities in the mental health and neurology fields.

Our Mission:

Our mission is to provide sensible, technically-sound, interdisciplinary solutions of outstanding quality for neurological and psychiatric problems. We integrate prevention, diagnosis, treatment and rehabilitation to improve the quality of life of both patients and their loved ones. We accompany and assist them as they work to reconstruct their family, social and working relationships. We are dedicated to helping cope with health-related problems and to health education, because life goes on beyond Ineba.



INEBA – Services and Levels of Care

IN PATIENT PSYCHIATRY UNIT

We are all faced with the possibility of having to go through a major life crisis. Most people have personal and family resources to solve them. However some people don't. And at times, people are faced with such crisis where usual resources are not enough to solve them.

The feeling of deep emotional pain associated with a major depressive episode, with the idea that suicide may relieve it, the great suffering of hallucinations and delirious ideas of psychotic patients or that peculiar way of suffering that drug abuse produces are only some of the clinical situations for which usual resources or family are not enough for the affected person.

Ineba's in-patient unit, has all human, scientific, technological resources and the appropriate environment to solve the more severe emotional crisis that a patient can suffer.

Therefore Ineba offers treatments based on advanced procedures and diagnostic evaluation criteria as well as modern pharmaco-logical agents.

Ineba's therapeutic programs, such as daily different workshops, educational groups, individual and group therapy, favor patient's stabilization and educate patient and family on the disease and the possible prevention of future episodes.

The inpatient unit, has 16 rooms:

- 6 private, 10 semi-private, total 26 beds, all with a garden view. Doors to the garden activated only from nurses station. No iron fences. Blindex windows. All rooms can be easily converted into private.
- 1 special security seclusion room

Living room, dining room, TV room, library, card room, gym, garden and barbecue.



AMBULATORY PSYCHIATRY

Ineba offers the traditional out-patient evaluation, individual and family diagnostic evaluations, ambulatory individual brief therapies and more classic ones as well as pharmacological treatments. We offer as well:

- **Multi-Family Psycho-educational Groups:**

Sessions for patients and families with the same difficulty or diagnosis.

- **Family Groups during admission and after discharge:**

With a similar goal but designed for groups that will either require continued support after discharge or who are willing to give support to newcomers.

- **Biological Treatments - Electroconvulsive Therapy (ECT):**

ECT is quite successful in specific clinical situations: severe depression not responding to medication, melancholy severe depression, high suicidal risk, catatonic depression or schizophrenia, and neuropsychiatry disorders refractory to medications. We perform ECT with a modern apparatus ("brief pulse square wave stimulus") in a efficacy and safety procedure.



OUTPATIENT NEUROREHABILITATION

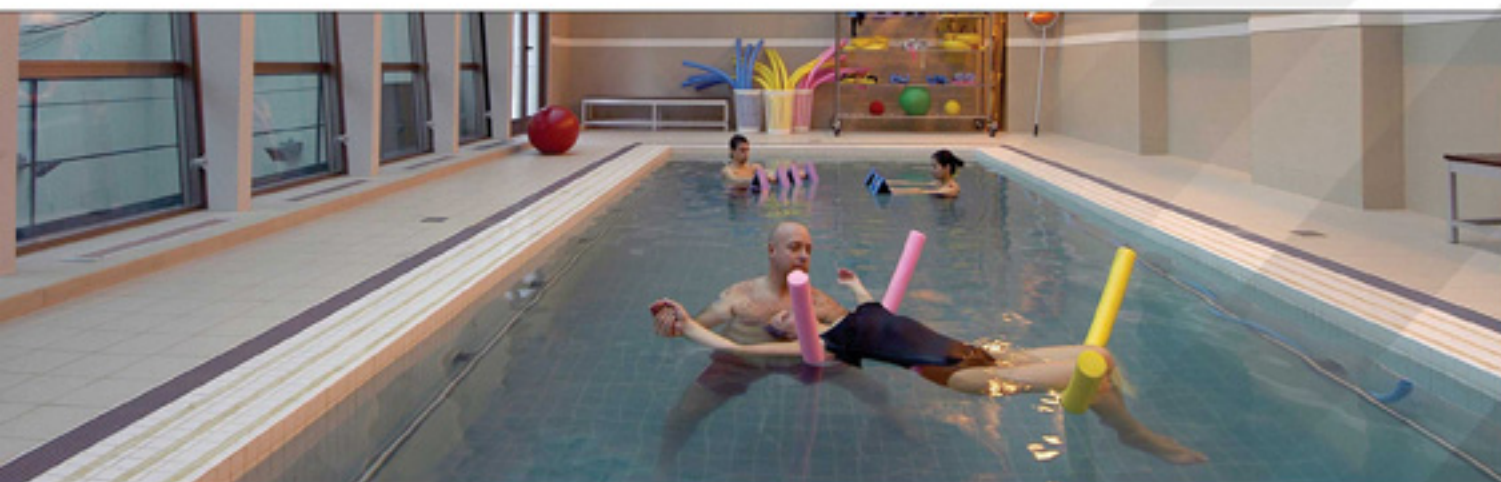
Ineba's Neurorehabilitation Unit serves medically stable patients with acute or subacute problems, for ambulatory treatment.

Patients with long dating disabilities will only be admitted after an interdisciplinary evaluation, when the potential to improve or recuperate function or improve quality of life, has been proven.

Our NR area, offers:

- Fully equipped neuro-rehabilitation gym
- Beautiful garden with areas that reproduce situations of daily life activities, for training.
- Vegetable garden for patients to work
- Physiotherapy Rooms
- Heated in-doors swimming pool for aqua gym, rehabilitation and hydrotherapy.
- Occupational Therapy rooms
- Teaching kitchen
- Teaching Bathrooms.
- A ramp with 78 mts length and 7° inclination, built with different floor coverings to be used for patients with walking disabilities and learning to use assistance (canes, walkers, others)

We consider the ramp as the integration symbol for the disabled person.



NEUROPHYSIOLOGY

- EMG (electromyography),
- EEG (Electroencephalography)
- Video EEG and Telemetry
- Sleep Studies
- Evoked Potentials
- Blink Reflex and other specialized studies.

CHILD NEUROLOGY AND PSYCHIATRY

Patients up to age 16 are evaluated and followed in this department where interdisciplinary work is the way clinical activity is undertaken.

ORTOPEDICS AND TRAUMATOLOGY

Ineba's team can solve the routine O&T problems but is highly specialized in spine pathology, in a second opinion type of consultation, and with both adult and child specialists as well as a Neuro-Orthopedics area.



NEUROLOGY

In 9 fully equipped consulting rooms, the neurology department develops its out-patient activities under the leadership of the most prestigious clinical neurologists in Argentina, in the different areas of subspecialty, including Behavioral Neurology, Parkinson's Disease and Movement Disorders, Neurovascular Diseases, Nerve and Muscle Disease, Multiple Sclerosis, Epilepsy and others.

On the basis of the Neurology-Psychiatry interaction we identify as quite important the Behavioral Neurology Area, which includes:

- MEMORY CLINIC
- NEUROPSYCHOLOGY
- SPEECH CLINIC



PSYCHIATRY DAY-HOSPITAL for 40 patients

Day Hospital provides patient care in the transition from the in-patient unit to the home or community phase. In other cases is a good option instead of in-patient admission.

It is indicated for very disturbed patients, with the goal of "resocializing" and decrease individual and family suffering.

The Day Hospital Unit offers programs to promote mental health and welfare of the patient: a variety of individual and group interventions applying different therapeutic techniques and communication mediators. These activities are available for 40 patients at any given time in half a day or full day programs, 2, 3 or 5 times a week.

The plant includes:

- 3 work shop rooms
- 3 consultation rooms
- Gesel room
- living room
- kitchen for occupational therapy
- Gym
- Access to swimming pool
- Garden and patients horticulture area
- Music therapy



AREA HOMECARE

This area was designed with the following goals:

- Connecting Ineba with the community.
- Evaluate the different services available in the community and various neighborhoods and see if can be adapted to solve Ineba's patients problems.
- To work with families and caretakers, to help them keep their own health and quality of life
- To educate patients, families and community.

Services include:

- Home visits for environment evaluation and to indicate adaptations that will improve patients function at home.
- Patients follow up after discharge
- Evaluation of patient's and family needs to recommend health professionals and caregivers as required
- Identify the adequate appliances or accessories to improve patient's quality of life at home/work/school.



STAFF

PRESIDENT INEBA	Leonor Gold
General Director	Fernando Cáceres
Medical Director	Gustavo Petracca
Chief of Psychiatry	Horacio Vommaro
In-Patient Unit	Jorge Garramuño, Gustavo Rodriguez
Psychiatry Day Center Unit	Denise Tobal, Sergio Grossman
Education Department	Lia Ricon
Consulting Staff	Santiago Korin, Family Therapy Serge Mosovich, Mt Sinai Hospital, New York
CHIEF OF NEUROLOGY	Leonor Gold
Behavioral Neurology and Cognitive Neurosciences	Chiefs: Ricardo Allegri, Gustavo Petracca Juan Ollari, Cecilia Serrano, Sandra Vanotti, Daniel Politis.
Neurophysiology	Estella Estelles
Cerebrovascular Diseases - Cardiology	Oswaldo Fustinoni, Ricardo Beigelman
Parkinson´s Disease and Movement Disorders	Emilia Gatto
Muscle and Nerve Diseases	
Epilepsy Consulting	Estella Estelles, Jorge Asconapé (Indiana University, USA)
Multiple Sclerosis	Fernando Cáceres, Nora Fernández Liguori y Leonor Gold
Neuro-Ophthalmology	Roberto Ebner
Neuro-Otology	Sergio Carmona
Neuro-Urology	Nestor Katz
Neurosurgery	Rafael Torino, Roberto Rosler
Neurogenetics	Claudia Arberas
Child Neurology	Víctor Ruggieri
NEURO - REHABILITACION	Chief: Fernando Cáceres, Agustín Alurralde
INTERNAL MEDICINE	Francisco Azzato
TRAUMATOLOGY & ORTOPEDICS	Eduardo Sember
Spine	
Spine Children and adolescents	Ernesto Bersusky
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INSURANCE MEDICINE DIVISION	Roberto Keklikian, Ela Uria
INEBA HEALTH SCHOOL	Prof. Silvia Mora
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Ineba is affiliated to the University of Buenos Aires Medical School, Buenos Aires. Res. N° 665/2004